



Nogales, Arizona

Winter 2011

Santa Comes to The Clinic

With shouts of Feliz Navidad, Santa Claus arrived at the December Clinic. Santa brings no toys or clothes—that's the job of



the many volunteers who help The Clinic (see story on p. 2). Santa visits the children throughout The Clinic, bringing love and joy to them. Of course, Santa speaks Spanish.



Below, Lupita Moreno Felix poses with Santa. She is 13 years old and lives in Magdalena, Son. Lupita has new glasses from the **Vision Department**. She has



cerebral palsy and is also a patient in the **Speech and Language Therapy Department**.



Above, Santa chats with Jennifer Montoya, age 4. She lives in Nogales, Son. and has been blind since birth. Santa guided her hand to feel his beard to help her know him better.

Many thanks to Christian (Chris) Reyna from Nogales, AZ for portraying our Santa this year. He replaces Jerry Wagner of Rio Rico, our longtime Santa. Thanks to both of you for bringing so much joy into the hearts of our patients. For many, this is the only time they get to see Santa up close and personal.

¡Muchas Gracias!

Many thanks to all the wonderful volunteers who helped to make our Christmas Clinic so special this year. In addition to all those who made and donated toys, afghans, and clothes,



there are all the volunteers who helped to set up and distribute items at The Clinic. ¡Muchas Gracias!

María Guadalupe Cardenas, age 8, holds up one of the 239 dolls donated by the Tucson Doll Guild. She lives in Nogales, Son.

Below is one of the tables that had knitted and crocheted hats, sweaters, and afghans for the children.



Lots of different individuals and organizations donated these items. With the weather in southern Arizona turning so cold in late December, these warm items are especially appreciated. Honor Society students from Nogales, AZ High School helped with set-up, dis-

tribution, and translation. They also collected donations at their school for toys, clothes, blankets, nutritional items, diapers, wipes, and newborn baby items.



Sts. Peter and Paul School in Tucson was represented by their 8th graders who brought 250 stuffed white tigers. It's always wonderful to see these young people involved.

Yvone Manesa, of Nogales, Son., holds up the doll cradle and doll donated by the Woodworkers of Green Valley. They donated wooden planes, buses, and cars for the boys. In all, the Woodworkers donated 279 carved, wooden toys.

Santa gifts of toys were donated by various individuals and groups. All these toys and clothes are very much appreciated. For most of the children, the presents they received at The Clinic are the only ones they received for Christmas. Thank you for helping to make Christmas so wonderful for our patients. Many individuals and organizations donate each year, and we greatly appreciate everything that is donated.

Thanks also to Gabriel of Urantia's Bright & Morning Star Choir from Tubac. They sang lovely Christmas songs at the beginning of The Clinic for all those waiting in line for The Clinic to begin.

As in past years, dancers from Santaro Sonora in Santa Ana, Son. traveled to The Clinic to provide entertainment for the volunteers at lunch. They are middle- and high-school girls who danced in Santa costumes to Christmas music. We admire their ability to maintain their balance on the hilly ground where they dance. Thank you!

If you would like to donate something for next year's Christmas Clinic, please contact our Christmas Clinic coordinator, Peg Wood, at pegwood0347@msn.com (phone: 399-9398; cell: 970-215-6309). Peg says all items are welcome, especially new toys.

Cleft Palate Mission in Hermosillo

October 8-13, 2010 was our 5th Cleft Palate Mission held at CIMA Hospital in Hermosillo, Son. Here are before photos of three of the 41 children who had surgery. Of these, 17 had palate, 17 had lip, 1 had lip/palate, and 6 had bone graft surgery. Thanks to all of our donors, CIMA volunteers, and medical personnel



www.standrewsclinic.org.
Check there to see photos of all 41 children who had surgery. Also, see p. 8 of this newsletter for a photo of one of the patients in the **Speech and Language Therapy Department** following surgery.



from Children's Surgery International, these are 41 children who now have smiles. Some will need additional surgeries.

The next Cleft Palate Mission is already being planned for October, 2011. Exact dates will be announced in the newsletter. If you would like to donate to this important mission, please send your check to The Clinic office with "Cleft Palate Mission" marked on the memo line.

We are in the process of getting photos matched with names from this last Mission. These will be posted on our Web site sometime during February:

Clinic Wish List

To volunteer or donate any of the items below, please call the Clinic office in Green Valley at: (520) 648-3242 or e-mail office@standrewsclinic.org

- AA Batteries for speech/language devices
- Benefiber
- Blenders
- Breakfast drinks (powder or can)
- Clorox wipes
- Disposable bibs
- Disposable diapers (esp. newborn size)
- Eyeglass frames (children's, used)
- Ground flaxseed meal
- Hand sanitizers
- Hearing aids (used) and batteries
- Milk of Magnesia
- Peanut butter
- Pediasure (generic okay)
- Physical therapy (exercise) balls (45 cm & 55cm)
- Physio rolls "peanut balls" (30 cm & 40 cm)
- Powdered milk
- Prune juice—small cans only
- Receiving blankets
- Umbrella strollers (available at Wal-Mart)
- Vitamins, adult
- Vitamins, children's chewable with iron
- Wheelchairs—child-size only
- Wipes

Volunteer drivers are needed to transport patients from the Border to the Tucson airport and return.

We also need volunteers to answer the telephone in the Green Valley Clinic office, file, and do data entry.

To volunteer, call The Clinic office at (520) 648-3242.

Patients Need Different Services



Lesli Abigail Gil Mendosa shows off the special shoes she will wear at night. They have a spacer to help keep her legs straight while she sleeps. Lesli is 2 years old and lives in Nogales, Son. She is a patient in the **Orthotics Department**.

Below, Fernanda Ollarzaba, age 5, gets a fluoride treatment from Pat Karlsrud, Registered Dental Hygienist. Fernanda lives in Santa Ana, Son. The dental hygienists come to The Clinic every month. Some children get the treatment every month. Because the



children don't have fluoride in their water, the hygienists feel they can have the fluoride every month. The hygienists also hand out free toothbrushes.

Ana Sofia Ramos Cabrales is 8 months old. She lives in Nogales, Son. and is a patient in the **Orthopedics Department**. Ana Sofia has arthrogryposis which is a congenital maldevelopment of the muscles leading to stiff joints and deformities. She has deformities of her feet, knees, hips, and a little bit of her hands. She uses her left hand better than the right one. She wanted her picture taken and posed solemnly for the photographer as you can see below.



Her orthopedist, Dr. Francisco Valencia explained, "These children have normal to above normal intelligence. They are very smart and are very ingenious about getting around their disability." Later, she will work with The Clinic occupational therapist to help her learn to navigate despite her disabilities.

Alvaro Gonzales Estrada has a big smile for the camera as he tries out his new cane. He is 4 years old and lives in Caborca, Son.



Patients Need Different Services



Dulce Gonzalez, age 9, is from Magdalena, Son. and a patient in the **Orthopedics Department**. She has had surgery on her tendons.



Elsa Sombra, age 8, is examined by Dr. Francisco Valencia in the **Orthopedics Department**. She has discoid meniscus of her right knee, a congenital deformity, which causes her some pain. She will have surgery when the joint is bigger. Elsa lives in Nogales, Son.



José Manuel Gastelum Morales, age 12, is a patient in the **Orthopedics Department**. He is going to Shriners Hospital for surgery on his knee. He is looking forward to having his knee corrected.



Evelyna Pacheco, age 5, is a patient in the **Vision Department**. She has been blind since birth when she was born prematurely at 6 months. She is reading Braille writing.

Please Visit Us

Clinic Day tours for groups of 4-6 people are offered to the public (please see our calendar on the last page). The Clinic takes place at St. Andrew's Episcopal Church, 969 W. Country Club Dr., Nogales, Arizona. Take exit 8 from I-19 to Country Club Drive.

To reserve your place on a morning tour, please call the Clinic office in Green Valley at: **(520) 648-3242** or e-mail: **office@standrewsclinic.org**

Each tour will begin with a videotape overview of The Clinic in operation. Then, a volunteer guide will lead the tour through The Clinic. Visitors are asked to refrain from taking photographs without permission.

A New Arm for Carolina

Carolina Avame-Guzman, age 16, was in an automobile accident in July and lost her right arm. It was amputated



at the shoulder in Hermosillo where she lives. Above, Eddie Escobar of Hangar Prosthetics fits Carolina for a prosthetic arm in our **Orthotics Department**.



On the left, Eddie Escobar makes adjustments as he fits Carolina's new prosthetic arm on her. She is very happy to have her new arm.

Thank You, University Medical Center

Dr. James Hayes, on behalf of the Clinic Board, presented an award of appreciation to University Medical Center represented by Vicki Began, R.N. at the December Clinic.

The award was presented in "grateful appreciation of your distinguished service, loyalty, and devotion to our children

throughout the years." Without the assistance of University Medical Center and other

medical organizations, The Clinic could not serve the number of patients that we do.



Upcoming Voice Recital to Benefit Clinic

Vicki Fitzsimmons and friends will give a voice recital Sunday, March 6 to benefit the **Speech and Language Therapy Department**. The recital will be 2:30 p.m. to 4:00 p.m. in the Parish Hall of St. Francis-in-the-Valley Episcopal Church, 600 S. La Cañada Dr., Green Valley.

The theme of the voice recital is folk music through the ages, featuring Gershwin's "Summertime," Dvorak's "Goin' Home," and John Jacob Niles' "Wayfaring Stranger," to name a few. Vicki will also sing Strauss' "Mein Herr Marquis" from "Die Fledermaus."

Vicki will be joined by her voice teacher, Perla Villa, who has appeared with the Arizona Opera Chorus, the El Paso Opera Chorus, and the Phoenix Opera Company. Perla's students, Erin Kaplan and Olivia Postal, will also perform.

Donations will be accepted at the door. Please come for a relaxing afternoon of vocal music. Refreshments follow.

Thank You, Country Fair White Elephant

St. Andrew's Children's Clinic entered a float in the Country Fair White Elephant Parade in Green Valley



Photo by Betty Weaver.

October 30. The Tennis Club of Green Valley decorated the float. Betty and Leo Weaver underwrote the cost of the float and assisted with designing and decorating it.

Several patients and parents rode on the float. The children had a great time waving to the crowd. Afterwards, they asked if they could be on the float again next year.

Even more exciting, The Clinic float won second place in their category. This is the first time we have ever won an award. Everyone was so excited and vowed to win first place next year!

Rev. Jim Fitzsimmons, Facility Manager for the White Elephant and Clinic Board member, presented the second-place plaque to Laura Romero, Executive Director of The Clinic at the November Clinic.

The Country Fair/White Elephant is a 34,400-square-foot thrift store which is open



Monday through Saturday, 9:00 a.m. to 12:00 noon. Items sold include clothing, furniture, jewelry, household goods, and just about anything else that you would like to buy. They also sell donated automobiles, golf carts, and motorcycles on a sealed bid basis.

At the end of 2010, the White Elephant finished its year at the \$2 million dollar mark—an all-

time record. What do they do with all that money? In December, they have Distribution Day which the volunteers view as their paychecks. This is the day when schools, organizations, clubs, etc. in the area from Tucson to Nogales receive checks to help with their programs. There is an application and review process.

Below, Clinic patient Efrain Jusacamea Espejo, age 4, thanks Tom Kelley of the White Elephant Distribution Com-



mittee for The Clinic's check of \$35,000. Efrain came to show everyone how The Clinic helped him to walk. He had hip dysplasia and couldn't walk at age 2. Now, the Nogales, Son. boy walks very well.

Remember the Clinic for Memorials and in Your Will

Looking for a way to honor someone special in your life? A contribution to The Clinic is a nice way to honor someone special—to say thank you, happy birthday, happy anniversary, etc. It will also help patients who need The Clinic's services.

Send your check in the envelope enclosed with this newsletter. Include the information about the memorial or honoring. The Clinic office will send the person notice of the memorial or honoring.

Another way to help The Clinic is to include a contribution in your will. Contact your lawyer for help with this.



**St. Andrew's
Children's Clinic**

La Clínica

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Clinic Calendar

The Clinic meets on the first Thursday of every month except July.

- February 3 (Clinic)
- March 3 (Clinic)
- March 6 (Voice Recital)
- April 7 (Clinic)
- May 5 (Clinic)

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St. Andrew's Children's Clinic

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St. Andrew's Children's Clinic is a non-profit, non-denominational clinic, serving Mexico's disabled children of disadvantaged parents for over 35 years.

Five-year-old Lizeth Vaypoli Fonseca was in the **Speech and Language Therapy Department** at the November Clinic for help in making sounds correctly. She had her cleft palate repaired in October at our Cleft Palate Mission in Hermosillo. After surgery, therapists work to help patients learn to pronounce sounds correctly.

St. Andrew's Children's Clinic receives funding from individuals, churches, organizations, corporations, and foundations. No government funding is received from either the United States or Mexico. Of funding received, 92% goes to direct patient care.

